

# INTENSIVE TRAINING WEEKEND

With

NADEEM NOON

# 2013

## Improve your skills

**Format** designed for you to choose the area you want to work on, days you prefer, and how many rides you want each day. You can work on just one phase several times or all phases in one weekend.

### Cross Country schooling

at

- \* Bea Hive Ranch
- \* Dan Hobyn Stables
- \* Hoosier Horse Park

all within an hour of

*Up-N-Over Stables*

Flexible scheduling!

Friday through Sunday!

Want to come an extra day?

Just let us know!

#### Sign up:

1. Pick Weekend or specific days if you can't do an entire week-end

2. Pick Phases you want to work on indicate private or group, level competing, highest level competed for horse/ rider combination, and any specifics you want to address

3. Stabling if needed.

4. Hauling if needed.

5. Indicate if you would like to join group dinner Saturday night.

#### Customize your weekend

Name \_\_\_\_\_

Date \_\_\_\_\_

Arrival time \_\_\_\_\_

**Stabling \$15 per night**

From: \_\_\_/\_\_\_/\_\_\_ to \_\_\_/\_\_\_/\_\_\_

### DRESSAGE

WORK ON.....how to ride a winning test

.....your seat and position

....your horse and improving it

Private 45 min - \$50

### STADIUM JUMPING

COURSE WORK improve your stadium ride

GRIDS to improve rider position and /or horse technique

Private 45min - \$50

Group max 3 riders 1 hour \$40

### CROSS COUNTRY

GALLOPING /TERRAIN WORK speed and control jumping with hills out in the open.

CROSS COUNTRY Private Hour \$75. Group Max 4 riders 1 hour 45 min \$50 . (rider responsible for XC course fee)



Nadeem Noon and Greystone V at Red Hills

#### Friday

Phases and time

#### Saturday

Phases and time

#### Sunday

Phases and time

### Available Dates

September 6-8

September 20-22

October 4-6

October 25-27

November 8-10

December 6-8

For More information call 812-327-8287 Up-N-Over Stables 3951 West Maple Grove Rd, Bloomington, IN 47404